The science of nutrition applies principles from chemistry and biology to food preparation and health. Most health care professionals will encounter individuals in need of dietary guidance in order to improve their health, prevent chronic disease, and/or manage a disease. The Bachelor of Science in Dietetics and Nutrition will prepare future health care professionals to provide safe, evidence-based nutrition advice within the scope of practice of their chosen field. Students will choose from three emphasis areas within the degree: dietetics, health sciences, or child nutrition.

**OVERVIEW**

- **Job outlook** projected to grow 14% from 2016-2026, faster than average.
- **All students** get hands-on, cooking experience under chef supervision.
- **Sciences** drives the curriculum, including biological sciences, chemistries, food sciences and medical nutrition therapy.
- **Enrollment** growth over five years
- **On-site Certified Green restaurant** gives students experience in modern sustainability business practices.

**Emphasis areas** allow for specialization based upon a student’s career goals.

**Graduate programs**
- M.S. in Food and Nutrition Services
- Coordinated Program in Dietetics
- Ph.D. in Nutrition & Hospitality Management

See back for details.

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EMPHASIS AREAS

Dietetics

• Graduates are eligible to take the Nutrition and Dietetics Technician, Registered (NDTR) exam.
• Graduates may choose to complete a supervised practice program that will make them eligible to take the Registered Dietitian Nutritionist (RDN) exam.
• NDTR’s and RDN’s are the health care professionals who have extensive knowledge of foods and are able to provide safe, evidence-based nutrition advice to individuals or institutions.
• The Dietetics emphasis area is the only emphasis area accredited by the Accreditation Council of Education in Nutrition and Dietetics (ACEND).

Health Sciences

Students who plan to continue their education in a health-related profession will find that this emphasis area has enough flexibility to allow for an individualized undergraduate course plan. You will be able to meet the pre-requisites of your preferred professional school and have plenty of elective hours to allow for an optional minor.

Child Nutrition

Students completing the child nutrition emphasis area will be prepared for a career as a school nutrition professional. They will have the opportunity to influence child nutrition daily through meal service, but they also have the opportunity to foster healthy eating habits that last a lifetime. This is a career path to help create a healthier generation and make a difference in the lives of children. Additional benefits to a career in school nutrition include competitive salaries, opportunities to advance professionally and a convenient work schedule.

Careers in Dietetics

<table>
<thead>
<tr>
<th>NDTR</th>
<th>RDN</th>
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<tbody>
<tr>
<td>Public health</td>
<td>Health care clinics</td>
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<td>Foodservice management</td>
<td>Hospitals</td>
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<td>Clinical practice</td>
<td>Public health</td>
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<td>under an RDN’s supervision</td>
<td>Foodservice management</td>
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<td>Research and education</td>
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<td>Sports and wellness</td>
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<td>Long-term care</td>
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Careers in Health Sciences

Health-related professions that require many of the courses in this emphasis area include:

- Nursing
- Medicine
- Dentistry
- Optometry
- Physician’s assistant
- Physical therapy
- Occupational therapy

Careers in Child Nutrition

Potential careers may include:

- Director or supervisor for school nutrition programs
- School wellness program director
- Early childhood nutrition programs
- Cooperative extension service
- Other foodservice areas