

We are the Change Makers.



THE UNIVERSITY of
MISSISSIPPI
SCHOOL OF APPLIED SCIENCES



NUTRITION AND HOSPITALITY MANAGEMENT DIETETICS AND NUTRITION



OVERVIEW

The science of nutrition applies principles from chemistry and biology to food preparation and health. Most health care professionals will encounter individuals in need of dietary guidance in order to improve their health, prevent chronic disease, and/or manage a disease. The Bachelor of Science in Dietetics and Nutrition will prepare future health care professionals to provide safe, evidence-based nutrition advice within the scope of practice of their chosen field. **Students will choose from three emphasis areas within the degree: dietetics, health sciences, or child nutrition.**



All students get hands-on, cooking experience under chef supervision.



Sciences drives the curriculum, including biological sciences, chemistries, food sciences and medical nutrition therapy.



Job outlook projected to grow 14% from 2016-2026, faster than average.

11:1

Low student-to-faculty ratio allows for more individual attention.

+ 35%

Enrollment growth over five years



On-site Certified Green restaurant gives students experience in modern sustainability business practices.

Emphasis areas allow for specialization based upon a student's career goals.
See back for details.



dietetics | health sciences | child nutrition



Graduate programs
M.S. in Food and Nutrition Services
Coordinated Program in Dietetics
Ph.D. in Nutrition & Hospitality Management

[Where human **science** and **service** intersect]

**Department of Nutrition and
Hospitality Management**
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EMPHASIS AREAS

Dietetics

- Graduates are eligible to take the Nutrition and Dietetics Technician, Registered (NDTR) exam.
- Graduates may choose to complete a supervised practice program that will make them eligible to take the Registered Dietitian Nutritionist (RDN) exam.
- NDTR's and RDN's are the health care professionals who have extensive knowledge of foods and are able to provide safe, evidence-based nutrition advice to individuals or institutions.
- The Dietetics emphasis area is the only emphasis area accredited by the Accreditation Council of Education in Nutrition and Dietetics (ACEND).

Health Sciences

Students who plan to continue their education in a health-related profession will find that this emphasis area has enough flexibility to allow for an individualized undergraduate course plan. You will be able to meet the pre-requisites of your preferred professional school and have plenty of elective hours to allow for an optional minor.

Child Nutrition

Students completing the child nutrition emphasis area will be prepared for a career as a school nutrition professional. They will have the opportunity to influence child nutrition daily through meal service, but they also have the opportunity to foster healthy eating habits that last a lifetime. This is a career path to help create a healthier generation and make a difference in the lives of children. Additional benefits to a career in school nutrition include competitive salaries, opportunities to advance professionally and a convenient work schedule.

Careers in Dietetics

NDTR

Public health
Foodservice management
Clinical practice under an RDN's supervision

RDN

Health care clinics
Hospitals
Public health
Foodservice management
Research and education
Sports and wellness
Long-term care

Careers in Health Sciences

Health-related professions that require many of the courses in this emphasis area include:

Nursing
Medicine
Dentistry
Optometry
Physician's assistant
Physical therapy
Occupational therapy

Careers in Child Nutrition

Potential careers may include:
Director or supervisor for school nutrition programs
School wellness program director
Early childhood nutrition programs
Cooperative extension service
Other foodservice areas

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